

# Enhancing Resilience by Embracing Courageous Vulnerability

A NO-COST VIRTUAL WEB EVENT



**JOIN US ON THURSDAY, MARCH 25, 2021, at 11:00 A.M., E.T.**

[Save Your Spot](#)

It is okay not to be okay. For all officers, it is normal human behavior to be affected by traumatic events and experiences. An officer who chooses vulnerability and asks for help processing trauma is courageous.

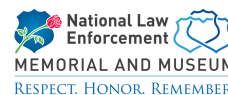
This Web event will feature a virtual discussion with an officer involved in a traumatic event and how their supervisor responded to help this officer receive the necessary support to manage the negative impact associated with that traumatic experience.

**Learn actions that you and your agency can take to help your own in receiving needed support to manage the complex impact of a traumatic experience.**



**Who should attend:** This Web event is designed for all law enforcement officers.

This critically important program is supported by these strategic partners:



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