

## Tactical

Mandatory Vest Policy

Level II & III Vests

Patrol Rifle Program

Vehicle Flashlights

Handgun Mounted Lights

Patrol Trauma Kits

Ballistic Helmets

Rip Hobbles

Ballistic Shields

Off-Duty/Backup Guns

Training

- Warrior Mindset
- Pistol/Rifle Range
- Officer Survival
- Tactical Medicine
  - Patrol Rifle
  - Firearms

## Physical

Mandatory Fitness Testing

Mandatory Annual Physical

Belmont Training Facility

- Subject Control
- Crossfit
  - Yoga
  - BLET PT
  - FitWall
- Workout On Duty
- POPAT Course
- Fitness Instructors

Occupational Health

- Free City Doctor/Nurses
- Free Over the Counter Medications

Nutrition Classes

YMCA Membership

\$100 Private Gym Reimbursement

Massages

Smoking Cessation

## Vehicular

Mandatory Seatbelt Policy

ANSI Traffic Vests

Push Bumpers

Improved Emergency Lighting

Re-Design of Patrol Car Interiors

RADAR Mounts

Ballistic Door Panels

Training

- Mandatory Driver Training After Preventable On-Duty Crash
- Pursuit Driving
  - Precision Immobilization Technique
- Rolling Roadblock
- Tire Deflation Devices
  - Below 100

## Emotional

Police Chaplains

Critical Stress Debriefing

Officer Involved Shoot Team

Partners Off Duty

Departmental Committees

Employee Assistance Program

Financial Counseling

401k & Retirement Planning