

In our continuing efforts to promote Holistic Wellness we are pleased to announce the BeSTOW Team will again host/facilitate the **Dave Ramsey Financial Peace for Government Employees seminar/class**. When we launched our holistic wellness philosophy in 2013 a wellness, or BeSTOW (Beyond Survival Towards Olathe Wellness) philosophy was written. I want to highlight a few key components that directly relate to this program.

*The BeSTOW Team is charged with promoting and assisting every employee in obtaining the highest degree of holistic wellness possible from the day we are hired to the day we retire and into post retirement. Our personal finances have a direct impact on all four components of our holistic wellness, i.e. our emotional, mental, physical, and spiritual health. The bottom line is the better we manage our finances and the better we plan for today and the future, the better we can ultimately care for ourselves and our families.*

#### INFORMATION ABOUT THE COURSE:

- **Course is open to department personnel and/or their spouse/significant other**
- **Course materials will be purchased by OPD and provided to participants**
- **The course is designed for 9-12 weeks (class will decide if they will meet the last 3 weeks or complete the course on their own)**
- **Classes will be held at the OPD**
- **Classes are “taught” by Dave Ramsey via DVD, and will be facilitated by BeSTOW team members**
- **Class size will be limited to approximately 20 students total to provide the best environment for achieving financial peace-additional classes will be offered in the future to ensure all who would like to participate will have an opportunity.**

We offered this course in Jan and September of 2016 and below are some quotes from employees who participated in the class.

*“This program has created a new lifestyle for my wife and I. We will be starting year two soon and we are still positive and motivated with the thought of being debt free. This program was fun, energetic, and above all informative”- David Breiner*

*I want to first of all say “Thank You” for putting this class on. I am a worrier by nature, especially about money. After taking this course I have completely paid off 3 credit cards and am currently paying off my last one. I have money in savings for an emergency...or in my current case \$ to pay for school tuition. I am not stressed, because I can see the light at the end of the tunnel. Thank you Dave Ramsey and Olathe PD for allowing me to learn how to take charge of my finances and free myself from credit card debit and financial stress.-Jamie Schmidt*

*My husband and I loved the class. We started using Dave Ramsey's phone app "Every Dollar" and finally know where our money is going. We have even set up "funds" for our annual payments like car tags and HOA dues so we are not strapped for money when those come due instead we are paying a minimal amount out each month. We have paid off a couple bills including our first student loan with Dave's snowball plan. I would definitely recommend this class to anyone!-Sabrina Potts*

**The day/time of the class has not been set. My hope is that we can select a day/time that will work for all of those who are interested.**

**If you are interested in participating in the class contact me to reserve your spot. If you have any questions contact me.**