



EMPLOYEE ASSISTANCE UNIT OUTREACH MATERIALS

NYPD

EAU Precinct Resource Center

Employee Assistance Unit

"It was the best decision I made. You can't keep all that bottled in."

Department Resources
 Employee Assistance Unit (646) 610-6730
 Chaplains Unit (212) 473-2363
 Counseling Services Unit (718) 840-5535
 Psychological Evaluation Section (718) 760-7665

External Resources
 POPPA (888) 267-7267 (COPSCOP)
 NYC Well (888) NYC-WELL

Crisis Text Line
 Uniformed Members Text "BLUE"
 Civilian Members Text "TALK" to 741741

Our Command EAU Counselor is:
 PO EFRAIN HERNANDEZ
 AdmSA DESIREE RICHARDSON

Call (646) 610-6730
 24 hours / 7 days a week
 CONFIDENTIAL

Employee Assistance Unit
 Life and Bereavement
 Work Home No Lines
 Suicide Prevention
 Critical Incidents
 Work Home No Lines
 The National Police Sirene Foundation

Department Vehicle Key Tags



EAU Pamphlets



HEALTH AND WELLNESS SECTION OUTREACH MATERIALS

NYPD

Wallet Card Life Saver

Chaplains Unit
(212) 473-2363

Medical Division
(718) 271-7777

NYC WELL
Talk, Text, Chat
24/7

New York City Well
(888) 692-9355

Employee Assistance Unit
(646) 610-6730

POPPA
(800) 267-7267

Counseling Services
(718) 840-5535

NY

Finest Care
(646) 697-2020

Healthy Body
+
Healthy Mind
=
Healthy You

We are here for you. Everything matters. Please reach out.

Department Locker Sticker

We hope you are doing well.

Please reach out!

We would like to hear from you

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| POPPA (800) 267-7267 | New York City Well (888) 692-9355 | Medical Division (718) 271-7777 |
| Employee Assistance Unit (646) 610-6730 | | |