



# PWC Employee Health & Wellness Fair

October 24th • 8am-2pm  
McCoart/DSB Plaza

**Free Resources, Give Aways, Activities and Demos!**

- Acupuncture
- Chair Massage
- Bone Density Scan
- Healthy Cooking Demo
- Police vs. Fire Fitness
- Infused Hydration Bar
- And Much More!



**Visit PWConnects for more updates!**



Prince William  
County  
Health & Wellness  
Council

