

STOCKTON POLICE DEPARTMENT

DIRECTIVE

August 30, 2016

TO: All Personnel

FROM: Chief Eric Jones

TYPE: Departmental Special Order #16-S-424

SUBJECT: **FAMILY AND EMPLOYEE STRESS MANAGEMENT BRIEFINGS**

In response to requests from families and employees, Chief Eric Jones and the Wellness Network will be hosting two short, 30-45 minute briefings, to discuss some of the fear, anxiety, and stress that Department and family members may be experiencing due to recent events involving law enforcement and negative media attention throughout the United States.

Chief Jones will discuss steps he is taking to improve safety, build strong Police-Community relationships, and reduce the likelihood of negative events from occurring in Stockton. Peer Support and Chaplains will present information on stress management and the resources that are available for employees and family members.

All Stockton Police Department employees and their families are invited to attend these briefings to be held at 1800 hours, Thursday, September 8, and at 1800 hours, Monday, September 12, at Lighthouse of the Valley Church, 4368 North Sutter Street. Light refreshments will be served immediately afterwards.

ADMINISTRATIVE SERVICES DIVISION- #2096

Original approved by Deputy Chief Trevor Womack