

The Bureau of Justice Assistance believes that the law enforcement community deserves better access to officer wellness and suicide prevention resources as well as postvention strategies. Navigating the intricacies of contracts, benefits, policy implications, and varying interests can be tough yet requires a significant amount of sensitivity. For many, figuring out how to improve awareness; provide prevention activities; and present a caring, compassionate, and appropriate response is challenging.

**PROGRAM STRENGTHS**



If you do not see your specific needs listed here, please reach out and let us know. We have an experienced cadre of subject-matter experts who can develop tailor-made resources to meet your agency's needs.

**All SAFLEO resources and services are grant-funded and available at no cost.**

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**PREVENTION**

The SAFLEO Program can help you and your agency develop and implement the most appropriate strategy to address law enforcement wellness and suicide prevention. SAFLEO will help you think through:

- How to create self-help-seeking techniques for your officers
- Data points for program assessment and measurement
- Tools to help track delivery of program components and user satisfaction
- How to identify the most beneficial wellness programs based on the latest research and your officers' needs
- Development of your agency's wellness champions and message campaigns
- How to organize an internal debrief process for risk-potential calls
- How to help supervisors understand their role in organizational wellness and suicide awareness

**POSTVENTION**

We know unexpected deaths bring a host of family and agency decisions. The SAFLEO Program can help you develop a plan to address a law enforcement suicide so that you and your agency are prepared should this tragedy occur. SAFLEO's technical assistance team can help you and your agency work through postvention activities by offering support, experience, and guidance during an immensely hard and emotional time. Activities include, but are not limited to:

- Communication strategies and messaging to the community and the agency
- Strategies and approaches for continuity of operations to help ensure public safety coverage and time for coworkers to grieve
- Resources, services, and training to help your agency heal and build a culture of help-seeking